

MARITAL ADJUSTMENT TEST (Locke-Wallace)

Check the dot on the scale line which best describes the degree of happiness, everything considered, of your relationship. The middle point, "happy", represents the degree of happiness which most people get from marriage, and the scale gradually ranges on one side to those few who are very unhappy in marriage, and on the other, to those few who experience extreme joy or felicity in marriage.

State the approximate extent of agreement or disagreement between you and your mate on the following items. Please check each row.

	Very Unhappy	Happy	Perfectly Happy
Handling family finances	_____	_____	_____
Matters of Recreation	_____	_____	_____
Demonstration of affection	_____	_____	_____
Friends	_____	_____	_____
Sex relations	_____	_____	_____
Proper Conduct	_____	_____	_____
Philosophy of life	_____	_____	_____
Ways of dealing with in-laws	_____	_____	_____

CHECK ONE:

- 1 When disagreements arise, they usually result in: (a) Husband giving in____(b)wife giving in____(c) agreement by mutual give and take_____
- 2 Do you and your mate engage in outside interests together? (a) all of them____(b) some of them (c)____very few of them____(d) none of them)_____
- 3 In leisure time do you generally prefer: (a) to be "on the go"____ (b) to stay at home_____?
- 4 Does your mate generally prefer: (a) to be "on the go"____ (b) to stay at home_____?
- 5 Do you ever wish you had not married (committedly lived together)? (a) frequently____(b) occasionally____ (c) rarely____(d) never_____
- 6 If you had your life to live over again, do you think you would: (a) marry (commit) to the same person____ (b) marry a different person____ (c) not marry at all_____?
- 7 Do you ever confide in your mate: (a) almost never____ (b) rarely____(c) in most things____(d) in everything_____?